CAPACITY DEVELOPMENT AND SKILL ENHANCEMENT ACTIVITIES

Al-Ameen College of Law, Bangalore is committed to organize capacity development and skill enhancement activities to equip the law students to face the challenges raised by the competitive and emerging world. The following areas are identified for the Skill and Capacity enhancement of the students

SOFT SKILLS

Soft skill training is provided to the students to inculcate skills such as communication, teamwork and problem solving. Other soft skills include emotional intelligence, a positive attitude and taking the initiative. The effectiveness of soft skills training is highly felt as large number of students get placed in reputed firms. Trainings are given for various soft skills which include:

- Personality Development
- Interview Techniques
- Stress Management
- Body Language, Building Self Esteem
- Self Confidence
- Emotional Intelligence
- Internship Programmes
- NSS Activities
- Career Guidance
- law firm internship
- Medication visits
- RBI Visits
- Police station Visits

• legal survey

LANGUAGE AND COMMUNICATION SKILLS

law students must have good communication, Language and body language, and college organised trainings are aimed at enabling students to attain fluency and proficiency in professional communication and to meet the growing demand in the field of global communication.

<u>LIFE SKILLS</u> OF DELIVE UNITO HE MORE RACIALED SE

Life Skills Training is designed to make the students physically and mentally fit to lead their day-to-day life more effectively and efficiently and to train themselves in the competitive and stressful environment. It enable students to understand the significance of a healthy mind and body to lead a fruitful and successful life. Major focus include:

- Yoga
- Physical Health
- Mental Health
- Health Awareness Porgrammes

The capacity development activity is intended to impart knowledge of the technological advancements in the real world and to equip the students to utilize the novel technologies for the career advancement. Seminars, Workshops, Symposiums are conducted to inculcate awareness of recent trends in technology.

