



ಅ ಲ - ಅ ಮೀ ನ ಕಾ ನೂ ನು ಕಾ ಲೇ ಜು
AL-AMEEN COLLEGE OF LAW

Affiliated to Karnataka State Law University and Recognised by Bar Council of India

ACCREDITED WITH NAAC B++

Two Best Practices Successfully Implemented by the Institution as per NAAC Format Provided in the Manual 2021-22

Best Practice – I

KNOW YOUR RIGHTS & RESPONSIBILITIES: INITIATIVES TO EDUCATE THE COMMON

1. Title:

Know Your Rights and Responsibilities: Initiatives to Educate the Common

2. Objectives:

The objectives of this practice are as follows:

- i. To raise awareness about the constitutional and other rights amongst the general public
- ii. Creating awareness amongst the people about their rights using the social media platforms
- iii. Sensitizing the children about their rights through various play-way activities
- iv. Legal awareness imperative to safeguard the rights of women and promote women's empowerment
- v. To promote awareness, provide legal help and address worker's grievance pertaining to various labour laws
- vi. To encourage students to participate in legal awareness programmes

3. The Context:

The laymen in India are unfamiliar with the statutory provisions of the country. Accordingly legal consciousness assists with building public abilities relating with law and equity framework consequently enabling an individual in regards to issues including the law, participation in legal development, admittance to equity so

forward. Legal awareness, also known as legal consciousness, is the empowerment of individuals regarding issues involving the law. Legal awareness helps to promote consciousness of legal culture, participation in the formation of laws and the rule of law. About 70% of the people living in rural areas are illiterate and even more than that percentage of the people are not aware of the right conferred upon them by law. It has been discovered that even literate people on occasion lack awareness. Non-awareness among the marginalized sections not only resulted in denial of their fundamental rights but also due to the legal incomprehensiveness on their part they were not able to avail the benefits of the government welfare schemes and plans. Legal Awareness is a powerful instrument through which the citizens can challenge the injustice, also the rights furnished under the Constitution can be made real.

4. The Practice:

The institute constituted One Core Committee and various Committees to implement these initiatives. The Core Committee was headed by the Principal of the College and two other senior faculty members. The other Committees were consisting of One senior faculty member, one Alumni and five Students.

- On the occasion of Constitution Day Celebration *i.e.*, on 26th November 2021 and on the occasion of Republic Day Celebration *i.e.*, on 26th January 2022 the group of students headed by Mr. Vinay, Fifth Semester 3 Years LL.B. distributed the Post cards containing the Constitutional Rights and Duties among the people and the Preamble was read before the public at major Circles of Bengaluru which gave a strong message of Constitutional consciousness.
- Al-Ameen College of Law through its National Service Scheme Unit Organized “Road Safety Awareness Drive” on 28th June 2022 after getting permission from The Inspector of Police, Wilson Garden Traffic Police Station, Bangalore. The drive was carried out at following signals
 - 1) Minerva Circle
 - 2) Urvashi Theatre
 - 3) Lalbagh Main Gate
 - 4) Hopcom Cricle
 - 5) Shanthinagar Bus Station.

Before starting the drive, the Mrs., Yasmeen Tabassum Vice Principal addressed the students about road safety. About 200 students from 3 Yrs LL.B and 5 Yrs B.A. LL.B, The Principal, Vice Principal, and other Faculty members has participated in drive. The Drive Started at 11 a.m. onwards wherein a group of 30-40 students along with in-charge faculty member were standing in traffic signals with placards in order to create the road safety awareness amongst the masses, wherein the traffic police appreciated the Drive and took the group photos with the students.

- The faculty members and the students were encouraged to upload short videos Creating awareness amongst the people about their rights using the social media platforms. Ms. Rubeena of Ninth Semester 5 Years B.A., LL.B course keeps on posting the short video on her Facebook account about FIR,

Complaint, Motor Vehicle Rules, Accident claims etc. The Institute through its official social media platforms uploads the proceedings of the events organized on rights and responsibilities of the citizens.

- The team of Al-Ameen College of Law visited the primary schools and Anganwadis and sensitized the children about their rights and safety through various play-way activities. The students were asked to stand single and one of the volunteers acting like mock Children thief tried to entice the student by giving a chocolate and the other volunteer explained the student not to respond for such things. Likewise, many other mock situations were created and explanation was given to the students as how to come out from these kinds of situations.
- In order to create legal awareness among women, the Al-Ameen College of Law has organised number of street plays on different topics like female foeticide, domestic violence, maternity benefit etc. A multi lingual handbook (English, Kannada and Urdu versions) containing the important rights of women was released and distributed free of cost among the students of degree colleges, PU colleges and in nearby residential areas.
- To promote awareness among the labourers pertaining to various labour laws, the College has organised the field visits both in the organised and unorganised sectors and has created awareness about various labour laws like minimum wages, bonus, PF, ESI, gratuity, working hours, holidays and safety measures at working sites etc.

5. Evidence of Success:

This practice helped us to reach the common citizens belonging to different categories and sensitizing the masses about their rights and responsibilities. We got a great response from the people and other civil societies. Many people, associations, institutions and organizations applauded the practice. More than 200 students were involved in reaching hundreds of people. Especially the vulnerable sections of society like children, aged people, women, and unorganized workers were benefitted from the practice.

KNOW YOUR RIGHTS & RESPONSIBILITIES: INITIATIVES TO EDUCATE THE COMMON

Name of the Activity	In-charge Faculty	Link of the Evidence
1) Know Your Rights Under Constitution & Other Laws	Mrs. Yasmeen Tabassum	https://drive.google.com/file/d/1gNLXM9dc0ObZ6SWM0ETrVF-rPpE2ZmK2/view?usp=share_link

KNOW YOUR RIGHTS & RESPONSIBILITIES: INITIATIVES TO EDUCATE THE COMMON

Name of the Activity	In-charge Faculty	Link of the Evidence
2) Legal Awareness Through social media	Mrs. Jayalakshmi V	<ul style="list-style-type: none"> • https://drive.google.com/file/d/1gNLXM9dc0ObZ6SWM0ETrVF-rPpE2ZmK2/view?usp=share_link • https://m.youtube.com/shorts/4im1IJXVAaI?feature=share
3) Sensitizing the children about their rights through various play-way activities	Mr. Mubarak Khan	https://drive.google.com/file/d/1I3UykHpgjmodRYA68Xtpsu30CocHurKz/view?usp=share_link
4) Legal awareness imperative to safeguard the rights of women and promote women's empowerment	Mrs. Haseena Banu	<ul style="list-style-type: none"> • https://drive.google.com/file/d/1jh1mX6kqiHFOjSkYVtGSR7uXTAfzNnTF/view?usp=share_link • https://drive.google.com/file/d/1fdHR8r9HoHE4_o95oT_f5BKNrYMWVW306/view?usp=share_link
5) Legal Awareness Among worker's pertaining to various labour laws	Mr. Syed Suhail	https://drive.google.com/file/d/1EAMXcEKpJ4FsgEkTeEikvUrDIEHeNVPg/view?usp=share_link

6. Problems Encountered and Resources Required:

- (i) Difficulty in distributing the materials in public places due to heavy traffic and crowd.
- (ii) Faced difficulty in conveying message orally to the public in crowded circles due to noise.
- (iii) Many of the faculty members and students are not using social media platforms.
- (iv) It was not easy to approach the school authorities many of them did not allow us to aware the school children.
- (v) More specific challenges occur when we were dealing with sensitive topics like female foeticide, domestic violence, child labour etc.

- (vi) Many of the employees were hesitating to allow us to address their employees.
- (vii) We faced communication gap while addressing the inter-state migrant workers especially from north eastern states.
- (viii) **Resources required:**
 - Human resource including faculty members and students
 - Material resources like stationary, gifts for children, pamphlets, hand bills, printed post cards, banners, costumes, make up items etc.
 - Portable speaker system, Wifi connection

7. Notes (Optional)

Best Practice – II

“BE FIT AND HEALTHY” - A PROJECT TOWARDS FULFILLING COMMUNITY HEALTH NEEDS

1. Title:

“Be Fit and Healthy” - A Project Towards Fulfilling Community Health Needs

2. Objectives:

Following were the objectives of this practice:

- (i) To make the people health conscious and to train them regarding the regular activities which make them fit.
- (ii) To promote healthy living by create awareness regarding prevention, early detection and management of diseases and eradication of social stigma about the illness.
- (iii) To help and guide the people who are affected by fatal diseases to reach the appropriate medical institution/hospital.
- (iv) To organize free health check-up camps, blood donation camps etc.
- (v) To meet the quick health care needs of the underprivileged communities in rural areas and the citizens residing in slums through the organization of health camps along with free distribution of medicines.
- (vi) To create awareness regarding the diet plan
- (vii) To organise workshops on stress management

3. The Context:

It is said that physical fitness is the first requisite of happiness. In India, 60% of the population lack basic medical facilities, so health camps which provide short-term medical interventions for target communities may be beneficial. Health camps are mobile and are conducted in different locations by qualified doctors, nurses, and paramedics and community health workers. Every individual has the right to health care, but a lack of quality infrastructure, scarcity of competent medical personnel, and lack of access to essential medicines and medical facilities prevent Indian residents from receiving it. Health camps are effective strategies to resolve these issues. Many patients suffering from fatal diseases will not be having an idea where and how to reach appropriate hospital/medical institution. These patients required proper guidance. An immune health may suffer due to chronic ongoing stress. Stress in life can be effectively reduced by proper counselling and training.

4. The Practice:

In order to make the people health conscious and to train them regarding the regular activities which make them fit the Al-Ameen College of Law regularly organised programmes on health awareness. The programme on breast cancer awareness and detection, free screening, ophthalmology, paediatrics, gynaecology and general medicine etc. were organised in the college campus where all the students of the law college, students of the other colleges and general public from in around the college got benefitted. Health awareness programme were organised in association with Naari Foundation an NGO, Indian Institute of World Culture, Narayana Health, People's Tree Hospital and Kidwai Memorial Institute of Oncology etc. where a trained and highly professional Doctors and surgeons were provided their services free of cost. Medicines were freely distributed amongst the patients in the health camps. The blood donation camps were organised in association with Indian Red Cross Society, HHS & HMS Blood Bank. Workshops on stress management were organised where a professional psychiatrists and counsellors provided their services. Awareness camps on diet plans were organised by distributing fruits and health food among the patients of various public hospitals.

5. Evidence of Success

The people who are need of assistance pertaining to their health got highly benefitted by the practice. More than 800 people got benefitted from the general health check-ups. More than 200 people including students donated their blood. About 300 women underwent body scanning, 40 women were prescribed Mammogram, and 11 breast

cancer cases were reported after screening and scanning. Cancer positive patients were directed to Narayana Health for further evaluation. Medicines costing around Rs. 35000/- were distributed free of cost in the camp to the patients. The same was contributed by the alumni students.

Name of the Activity	Link of the Evidence
“Be Fit and Healthy” - A Project Towards Fulfilling Community Health Needs	https://drive.google.com/file/d/1R9zGGEtoKglKXNhWaPNIB7OXm3NFDTHv/view?usp=share_link

6. Problems Encountered and Resources Required:

- i) Only initial/minor treatment can be offered in the health camps
- ii) In free camps, a sizeable number of patients turn up because medical services are given free of cost. Later, these patients do not make it to the hospital for further check-ups because they feel it's too costly to pay a visit.
- iii) Many people do not trust the health services which are free of cost and will not bother take the benefits.
- iv) Difficulties in selecting places in slum areas to organise the camps as there will not be vacant land and there will be constricted roads/gallis.
- v) Difficulties in using medical equipment in rural areas due to power cut, network issues etc.
- vi) Lack of awareness regarding the benefits of blood donation in the general public due to which many people will not come forward to donate their blood.

vii) Resources required:

- Human resource including faculty members, doctors, lab technicians, nurses and student volunteers.
- Material resources like stationary, beds, medical equipments, shamiyana, canopies etc.
- Medicines
- Fruits and dietary food items

7. Notes (Optional)
